



Survivor Story: Carolyn Phipps
In Memory of: Jeff Phipps
Hanover County Fire-EMS, Battalion Chief
Stage 4 Colon Cancer, 2021
“Win the Day”



My Husband Jeff Phipps was a Battalion Chief with Hanover County Fire- EMS. Jeff was diagnosed with Stage 4 Colon Cancer during a routine colonoscopy on February 25, 2021. He was experiencing no symptoms at that time and almost 5 months later in July of 2021 we lost our battle. I say our battle because the love and support we received was nothing short of a miracle in itself and all of our prayer warriors battled with us.

Our oldest son Jeffrey is also a firefighter. He was told about the FCSN and immediately went to their website to see what they were about. He clicked on the “I need Help” tab and gave them our contact information. Not knowing what to expect we proceeded to try and figure out the many battles ahead. Within days we received this box from FCSN. What is in this box you may ask, this box contained resources that helped us navigate all of the questions that we had. I referred to it as our lighthouse. We had no idea what we were doing or needed to be doing and the help in that box and through the network was a beacon of hope that lifted a huge weight from our shoulders. Jeff was assigned a mentor who had beaten a similar type of cancer. He would call and Jeff’s whole demeanor would change and it gave him hope that here was this other person that really knows what I am feeling and he has been right where I am at. He seemed to know exactly when Jeff needed a call or text. When Jeff was put in the hospital near the end of our battle his mentor did not hesitate to drive to our side to help support our family. We will always be grateful for the love and support shown to us by the FCSN and Hanover Fire-EMS.

While fighting, Jeff made it his mission to encourage others to get their colonoscopies and reinforced the importance of safety on the fire scene. He wanted to keep others from having to fight Cancer. In honor of Jeff

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Our Mission: To assist firefighters and EMS providers and their immediate families diagnosed with cancer by providing badge to badge support, training and guidance.



that is what I am doing. I am becoming a mentor, volunteering at local FCSN events and am hoping to help educate firefighters on how to protect themselves and their brothers and sisters in the fire service.

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