Survivor Story: Dan King
San Diego Fire-Rescue Department, Captain, Crew Chief at Air Ops.
Diagnosed with Throat Cancer in 2016

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The box is a tool, it’s what it is. It comes with things that you will need for years to come. The most powerful thing about this box is that it’s just a nice blue box with an FCSN sticker on it and it sits on your kitchen table, in your living room, literally anywhere in your house and you see it all the time. The sticker on the box is a reminder that you’re never alone, there is always someone with you. Within one week so much mail begins to come to your home; doctor’s appointment reminders, bills, paperwork from the city, and more. It’s so important that you stay organized throughout your diagnosis and treatment. The box is a helpful tool for your whole family. I am still using my box almost four years later.

I got my diagnosis on a Monday and there was really nothing positive coming at me after that. Then on a Wednesday the FCSN Toolkit came in the mail and it made me feel good for the first time.

Dan is now an FCSN Mentor and has helped 3 firefighters across the nation. Two of them have finished treatment and gone back to work, and one is a retiree in the middle of treatment. Dan continues to be friends with them to this day and they check in weekly/monthly with text messages and social media.